

Jurong Secondary School
Sec 1 Camp 2026 Packing List

What to wear when reporting on 28 April Tuesday @7.30am

- PE attire + School shorts + School/Sports shoes + Socks

Summary of Items to Pack for Camp

These items listed **DO NOT INCLUDE** what students are to wear when reporting to school on 28 May morning

S/N	Item	Quantity	Remarks	Checked
1	Haversack or Backpack	1	To contain all camp items No trolley bag/slip bag	
2	Day bag (any small backpack)	1	Use daily to store items for the activities	
3	Water bottle	Minimum 1 Compulsory	At least 1 litre Minimum 1 bottle (Label name on bottle) No disposable	
4	Writing material		Pen	
5	PE / CCA / Class T-shirt (no including attire for Kayaking)	3	Minimum, Pack more if you need	
6	PE shorts / Red shorts (no including attire for Kayaking)	3	Minimum, pack more if you need If you only have 2, the 3rd one can be black shorts (No tights/skinny or figure hugging shorts, black shorts cannot be too short)	
7	Socks	3 pairs	Minimum, pack more if you need	
8	Undergarments	3 sets	Minimum, pack more if you need	
9	Towel & Face towel	1 each	For showering/washing up	
10	Small towel	Optional	For Orienteering	
11	Long pants	1 Compulsory	For Low Elements Long pants are compulsory for participating in low elements No jeans allowed	
12	Dark coloured t-shirt / Dark coloured long sleeves t-shirt / Arm sleeves	1	For Kayaking Encouraged to wear long sleeves to avoid sunburn (Need not be school t-shirt, but no obscene pictures/wordings)	
13	Dark coloured shorts / Dark coloured long pants	1	For Kayaking Encouraged to wear long to avoid sunburn No jeans allowed Attire will get wet	
14	Covered shoes / Aqua shoes / Water booties	1 pair Compulsory	For Kayaking Shoes will get wet Must be covered shoes (can be any old school/track shoes) No slippers, sandals or crocs allowed	

S/N	Item	Quantity	Remarks	Checked
15	Spectacle band	1 pair	For Kayaking Compulsory for students wearing glasses Prevent spectacles from dropping into waters	
16	Toiletries	1 set	Soap / Shower gel Shampoo Toothbrush & Toothpaste Body powder (optional) Sanitary napkins (for females, if needed)	
17	Slippers / Sandals	1 pair	For showering and night-time	
18	Mug / Cup	1 set	For breakfast/supper, hot drink Plastic or metal (please label/write name onto mug/cup) Able to withstand heat No glassware, Non disposable	
19	Plastic bags / Zip bloc bags	As necessary	For wet/dirty clothes/wet shoes	
20	Sleeping attire	1 set	T-shirt and shorts/long pants (can be home t-shirt) No pyjamas or sleeveless	
21	Sleeping bag	1	Compulsory	
22	Small inflatable pillow	1	Optional	
23	Torchlight + Batteries	1 set	For use at night in tents	
24	Insect repellent	Sufficient	Only spray or gel type No mosquito coil, Avoid stickers	
25	Sunblock	Compulsory	For all outdoor activities SPF30 or higher where possible	
26	Raincoat / Poncho	Compulsory	No umbrella, Preferably reuseable	
27	Cap/Hat	1	Optional, Sun protection	
28	Jacket/Windbreaker	1 (optional)		
29	Personal Medication	If required	To inform Form Teachers if you are bringing medication (Write name/class on medication)	

Camp instructors will inform you on what to pack into day bag for the different activities for each day

Important note to students who wear contact lens:

- 1) Do not wear the contact lens longer than the duration allowed for your contact lens
- 2) Do not wear the contact lens for campfire

DO NOT BRING these items to camp:

- 1) Portable mobile & digital devices (all handphones, wallets & smart watches will be collected and kept by Form teacher until end of camp)
- 2) Jewellery
- 3) Chewing gum
- 4) All items deemed not suitable for camp will be collected and kept until end of camp